



Rawmarsh Ryecroft Infants School - Curriculum Progression Map

PE	<u>Values and Vision</u> "Secure, Happy and Successful" Resilience - I always keep going Respect - I value everybody and everything Care - I look after my world and the people in it. Achievement - I try to be the best I can be Community - I am proud of where I belong		
	<u>Intent</u> Children will be taught high-quality physical education that inspires all pupils to succeed and excel in physically demanding activities with aspects of a competitive nature. Lessons will provide opportunities for pupils to become physically confident in a way which supports their health and fitness and gain a love for sport. There will be opportunities to compete in physical activity that helps to embed values such as fairness, teamwork and respect.	<u>Implementation</u> Children take part in 2 timetabled lessons of PE weekly and during these sessions, they develop fundamental skills through a variety of activities and games suitable for EYFS and Key Stage 1. We use an external sports coach and dance teacher who deliver high-quality lessons. Children can build on these skills as part of the afterschool clubs we offer. Children take part in a range of activities for example invasion games, gymnastics, dance. Our whole school sports day event takes place The English Institute of sport giving the children the thrill of a stadium event.	<u>Impact</u> Children will have developed the fundamental movement skills, including agility, balance and coordination. They will be able to apply these when performing dance and simple movement patterns. They will also be able to apply these to team games and competitive situations. Children will have had the chance to master basic movements including running, jumping, throwing and catching. Having responsibility for their own health and fitness will mean they lead a happy and healthy lifestyle and increased levels of physical activity.

Taught Curriculum - Objectives and Vocabulary			
	FS2	Year 1	Year 2
Objectives	<u>ELG PD</u> GMS - To negotiate space and obstacles safely, with consideration for themselves and others. GMS - To demonstrate strength, balance and coordination when playing. GMS - To move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	<u>National Curriculum</u> To be able to master basic movements including running, jumping, throwing and catching. To be able to develop balance, agility and co-ordination, and begin to apply these in a range of activities. To participate in team games, developing simple tactics for attacking and defending. To perform dances using simple movement patterns. To name people and places in their own locality.	To be able to master basic movements including running, jumping, throwing and catching. To be able to develop balance, agility and co-ordination, and begin to apply these in a range of activities. To participate in team games, developing simple tactics for attacking and defending. To perform dances using simple movement patterns.
Vocabulary	Game Bikes Skipping ropes Balls Hoops Throw Catch Kick Run Jump Hop	As FS2 and relay, Space, level, pass, shoot , teamwork, balance, Partner	As FS2 and Year 1 send, receive, teamwork, travel, sequence movement, levels, attack, defend, pathways,

	Skip Climb		Apparatus starting position, finishing position,
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Progression Map - As Active Young People we need to be able to

	FS2	Year 1	Year 2
Rules, Strategies and Tactics	I can play a simple game.	- I can play simplified versions of games which include either attacking or defending principles. I can follow simple instructions to play a game. - I can develop simple tactics.	- I can use different rules and tactics for invasion games. - I can understand and develop tactics for attacking and defending. - I can create routine with a sequence of moves which follows a set of rules.
Healthy Participation	I can show some understanding of good practices regarding exercise contributing to good health.	I can talk about what our bodies do during exercise e.g. breathing.	I can recognise and describe what my body feels like during different types of activity.
Motor Competence	I can push, pat, throw, catch or kick a large ball with increasing control. - I can move safely in different ways. For example, rolling, skipping, crawling, jumping, hopping and climbing. - I can jump off an object and land appropriately. - I can travel with confidence and skill around, under, over and through balancing and climbing equipment. - I can negotiate space successfully.	I can throw and catch a large ball with a partner (catching with both hands) - I can dribble a ball using various parts of my body. I can jump from two feet to two feet. - I can show basic actions for rolling, underarm throwing, striking a ball and kicking. - I can use simple apparatus safely and with confidence. - I can roll, travel and balance in different ways. - I can climb safely. - Use different methods of travel, which support balance, agility, and coordination. - I can use movement to reflect the mood of the music in a static position. - I can work as a team to solve simple problems.	I can pass and receive a ball in different ways with control and increased accuracy. I can jump from two feet to one foot and jump from one foot to one foot. - I can perform a range of rolling, throwing, striking, kicking, catching and gathering skills, with control and use these in a game. - I can hit a ball with a bat. - I can use simple apparatus safely and with confidence and adapt and improve my work. - I can link some movement to show a mood or feeling. - I can use different methods of travel to avoid collisions.

Progression Map - As Active Young People we need to know

I know how to throw and catch balls using correct techniques. I know how to join in team games. I know how to move safely around school. I know different ways to keep fit and healthy.	I know the basic rules for invasion games such as football, basketball and netball. I know that when I exercise things in my body change. I know my heart rate gets faster. I know my breathing gets heavier. I sweat to cool myself down. I know doing exercise and moving around keeps me healthy.	I know the three main types of throwing passes. I know what equipment is required to play certain games e.g. football, tennis, hockey. I know doing exercise and moving around keeps me healthy. I know how to move around safely during a game. I know the basic rules for invasion games such as football, netball and basketball. I know what happens to my body when I exercise.
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		I know where my heart is. I know how to use a sequence of movements to create a routine. I know how to make different shapes with my body. I know why it is important to communicate when working as a team. I know how to work as a team. I know how to simplify a problem.	I know why my heart rate and breathing quickens when I exercise. I know how to use a sequence of movements to create a routine. I know how to use apparatus safely. I know how can improve my work. I know that dance can be used to show different feelings. I know how to demonstrate some different methods of travel.
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